



## Spirituality and Aging Certificate Program



Aging is an essential aspect of life that has yet to be understood. Our time is full of antiaging messages which minimize the contributions of older adults. Moreover, as we age, we, ourselves, can be influenced by prevailing biases. How do we counteract these negative influences? We, the Coalition on Spirituality and Aging, believe that the key to approaching aging creatively and effectively is through a lens of spiritual development.

As an affiliate of the New Theological Seminary of the West, the CSA has developed an online, master's level course on the interplay between spirituality and the experience of aging. Our mission is to engage professionals, community members, and faith communities in creating vibrant programs that support and celebrate older adults by empowering leaders with current knowledge about aging in the context of spirituality.

## **Course Schedule:**

Orientation: Saturday, October 8, 2022 Course 1: Saturday, November 5, 2022 Course 2: Saturday, December 3, 2022

Interim January Discussion – Courses and Project: TBD by students and mentors

Course 3: Saturday, February 4, 2023 Course 4: Saturday, March 4, 2023

- The Orientation is a 4-hr Zoom mtg; other mtgs are 1.5-hr Zoom calls.
- Our program will use the Moodle course management system and includes power point presentations, recorded videos, assigned readings and other resources prepared by the leaders of this program.
- There are readings and assignments to be done independently in preparation for the virtual Course meetings on the dates listed above.
- Student Projects will be due in April 2023.

For more information email us at info@ntswest.org.